



The influence of early plant-based diet on the development of the future adult

INOVALIMENT
CONFERENCES

Round Table Conference - online event
September 23rd 2022, 16:00 EEST

Topics of debate

Ø “Growth, body composition, and cardiovascular and nutritional risk of 5 to 10-y-old children consuming vegetarian, vegan, or omnivore diets”, a study conducted by UCL Great Ormond Street Institute of Child Health, UK and Children’s Memorial Health Institute, Warsaw

Ø “Vegetarian Diet, Growth, and Nutrition in Early Childhood: A Longitudinal Cohort Study” conducted by St. Michael’s Hospital of Unity Health Toronto

Ø Strategies for national prevention programs through nutrition



Speakers



“Vegetarian and vegan diets and the health and development of children - the results of recent studies and their implications for medical practice.”

Dr. Malgorzata Desmond, Doctor of Science in Nutrition, Epidemiology and Children's Health



"The importance of early food education programs"

Dr. Amalia Arhire, Co-Founder KiloStop Jr



“Is the ancient gastronomic culture a factor to influence a people’s diet?”

Konrád Szallós-Farkas , Vicepreședinte al Societății Române de Medicina Stilului de Viață

Speakers



**"The benefits and limits of
vegan-vegetarian diet among
children"**

Dr. Elena Țambrea, KiloStop Jr



**"Vegan diet in practice. How to
mange correctly your child's
plant based diet"**

Dna. Raluca Moianu, realizator emisiuni Radio&TV

